

# BREAKFAST THE MOST IMPORTANT MEAL OF THE DAY!

If you would like information on ingredients within our menu items in relation to allergens or food intolerance, please ask a member of staff who will be able to assist you.

FULL IRISH BREAKFAST €21.50 GO CONTINENTAL €16.50

1800

# Good Morning!

We will be along shortly to offer you tea or coffee. In the meantime help yourself to our hot and cold buffet.

Please note some items contain allergens which are noted at the buffet area

#### cereal selection

Cornflakes

Toasted Granola

Bran flakes

Muesli

## bakery selection

all available with blackcurrant & strawberry jam, honey, marmalade to complement

Croissants

Pain au Chocolat

Danish Pastry

Baked Muffins

Brown Soda

Wholemeal & White bread

### healthy options

Low Fat Natural Yoghurt

Homemade Fruit Salad

Granola Pots

Sunflower Seeds

Flaked Almonds

Pumpkin Seeds

Boiled Egg

#### cold meats & cheeses

Baked Ham

Salami / Chorizo

**Dubliner White & Red Medium Cheddar** 

#### hot breakfast

Baked Grilled Pork Sausage

Back Bacon

Black & White Pudding

Mushrooms

**Baked Beans** 

**Roast Tomato** 

Hash Brown

Scrambled Egg

#### chilled drinks

Apple, Orange & Cranberry Juice

Infused Water

Milk

Almond, Soya & Oat Milk

#### hot drinks

Freshly Brewed Bean to Cup Coffee
Selection of Premium Mixed Teas & Breakfast Tea

#### available on request / made to order

#### Porridge

freshly made with cream

contains oats, milk

#### Poached & Fried Egg

cooked to your liking

contains egg

#### Gluten Free Options

gluten free sausages, bread, cereals and cookies are available upon request

contains allergens - please ask your server for details